

Useful Contacts

Manylion Cysylltu Defnyddiol

Heneiddio'n Dda
yng Nghymru
Ageing Well
in Wales



National Contacts | Manylion Cysylltu Cenedlaethol

Age Cymru Advice Line <i>Llinell Gyngor Age Cymru</i>	08000 223 444
Contact Your Care & Repair Agency Need translation!	0300 111 3333
NHS Direct Wales <i>Galw Iechyd Cymru</i>	0845 46 47

County	Organisation	Phone number
Anglesey Ynys Môn	Council enquiries <i>Ymholiadau cyngor</i>	01248 750 057
	Age Cymru Gwynedd a Môn	01286 677 711
Blaenau Gwent	Council enquiries <i>Ymholiadau cyngor</i>	01495 311 556
	Age Cymru Gwent	01633 763 330
Bridgend Pen-y-bont ar Ogwr	Council enquiries <i>Ymholiadau cyngor</i>	01656 643 643
	Age Connects Morgannwg	01443 490 650
Caerphilly Caerffili	Council enquiries <i>Ymholiadau cyngor</i>	01443 815 588 01495 226 622
	Age Cymru Gwent	01633 763 330
Cardiff Caerdydd	Council enquiries <i>Ymholiadau cyngor</i>	02920 872 087
	Age Connects Cardiff & The Vale	02920 683 604
Carmarthenshire Sir Caerfyrddin	Council enquiries <i>Ymholiadau cyngor</i>	01267 234 567
	Age Cymru Sir Gâr	01554 784080
Ceredigion	Council enquiries <i>Ymholiadau cyngor</i>	01545 570 881
	Age Cymru Ceredigion	01970 615 151 (<i>North</i>) 01239 615 777 (<i>South</i>)
Conwy	Council enquiries <i>Ymholiadau cyngor</i>	01492 574 000
	Age Connects North Wales Central <i>Age Connects Canol Gogledd Cymru</i>	01745 816947

Denbighshire Sir Ddinbych	Council enquiries <i>Ymholiadau cyngor</i>	01824 706 101
	Age Connects North Wales Central <i>Age Connects Canol Gogledd Cymru</i>	01745 816947
Flintshire Sir y Fflint	Council enquiries <i>Ymholiadau cyngor</i>	01352 701 234
	Age Connects North East Wales	08450 549 969
Gwynedd	Council enquiries <i>Ymholiadau cyngor</i>	01766 771 000
	Age Cymru Gwynedd a Môn	01286 677 711
Merthyr Tydfil Merthur Tudful	Council enquiries <i>Ymholiadau cyngor</i>	01685 725 000
	Age Connects Morgannwg	01443 490 650
Monmouthshire Mynwy	Council enquiries <i>Ymholiadau cyngor</i>	01633 644 644
	Age Cymru Gwent	01633 763 330
Neath Port Talbot Castell-nedd Port Talbot	Council enquiries <i>Ymholiadau cyngor</i>	01639 686 868
	Age Cymru Afan Nedd	01639 895 202
Newport Casnewydd	Council enquiries <i>Ymholiadau cyngor</i>	01633 656 656
	Age Cymru Gwent	01633 763 330
Pembrokeshire Sir Benfro	Council enquiries <i>Ymholiadau cyngor</i>	01437 764 551
	Age Cymru	08000 223 444
Powys	Council enquiries <i>Ymholiadau cyngor</i>	01597 826 000
	Age Cymru Powys	01597 825 908
Rhondda Cynon Taf	Council enquiries <i>Ymholiadau cyngor</i>	01443 425 005
	Age Connects Morgannwg	01443 490 650
Swansea Abertawe	Council enquiries <i>Ymholiadau cyngor</i>	01792 636 000
	Age Cymru Swansea Bay	01792 648 866
Torfaen	Council enquiries <i>Ymholiadau cyngor</i>	01495 762 200
	Age Connects Torfaen	01495 769 264
Vale of Glamorgan Bro Morgannwg	Council enquiries <i>Ymholiadau cyngor</i>	01446 700 111
	Age Connects Cardiff & The Vale	02920 683 604
Wrexham Wrecsam	Council enquiries <i>Ymholiadau cyngor</i>	01978 298 989
	Age Connects North East Wales	08450 549 822