



Llywodraeth Cymru
Welsh Government



lechyd Cyhoeddus
Cymru
Public Health
Wales

CORONAVIRUS

What to do if you have symptoms of Coronavirus:

If you or anyone in your household has:



a high
temperature



a new and
continuous cough

- even if it's mild, **everyone in your household** must stay at home for **14 days** and keep away from others.

DO NOT ENTER THIS BUILDING

Instead, contact:

You need to stay at home and follow self isolation advice on Public Health Wales website:

phw.nhs.wales/coronavirus

You should **ONLY** contact 111 if:

- You feel you cannot cope with your symptoms at home
- Your condition gets worse
- Your symptoms do not get better after 7 days