

27 May 2020

The NHS Wales self-management Apps for Asthma and COPD

Dear Respiratory Healthcare Teams and Managers (who provide care to patients with Asthma and COPD),

The NHS Wales self-management Apps for Asthma and COPD are now available on Google Play (Android) and the App Store (Apple).

These Apps have been developed with, and will continue to be updated by experts in Asthma and COPD, supported by a number of patient representatives. They are freely available in both Welsh and English language for patients across Wales.

The purpose of the Apps is to support the long-term management of patients with Asthma and COPD to help patients stay well. The Apps provide excellent quality and appropriate supplementary advice, education and support. The Apps should also help you as healthcare professionals as a tool to promote self-management and a reliable resource to which to signpost your patients.

The three Apps are:

1. AsthmaHub – the NHS Wales self-management App for adults with Asthma
2. AsthmaHub for parents – the NHS Wales management App for parents of children with Asthma
3. COPDHub – the NHS Wales self-management App for people with COPD

We will be implementing the apps with your support and that of your Health Board. There are a few fundamental principles to ensure that App implementation happens in a controlled and coordinated way.

1. Patients can download the App from Google Play for Android devices, and the App Store for Apple devices.
2. The Apps do not replace healthcare advice, but offer supplementary information about good asthma and COPD care and provide a means to monitor and record particularly useful information about your patients' condition outside of the healthcare environment
3. Distribution of marketing materials including flyers and posters will go directly to GP practices, hospitals and pharmacies across Wales. Please make these available to your patients and offer them to your patients at their asthma or COPD reviews and other appointments.
4. The Apps will have technical support but not clinical support for end users.
5. App content is controlled by a national consortium of clinical experts and patients

We hope these Apps will not only benefit your patients but also you as health professionals and the health services you work for, as a reliable resource to support your patients during their periods between healthcare appointments.

For more information, please visit the App website at <https://healthhub.wales>. Should you require more flyers or posters, please contact us at support@healthhub.wales

Kind regards,



Dr. Simon Barry
National Respiratory Clinical Lead for Wales